

Assessment and Treatment of Traumatized Youth Research Program

Does your child suffer from:

- nightmares?
- anxiety?
- upsetting memories?
- sleep problems?

Has he or she been:

- sexually assaulted?
- physically attacked?
- in a serious accident?
- a witness of violence?

Survivors of Trauma
May Suffer
For Years Afterwards

Assessment and treatment is provided at no cost for individuals who qualify and agree to participate in the study.

Referrals will be provided for those who are not eligible.

For More Information
Please Contact
Jennifer Fabritius
At
216-983-0836

**University Hospitals
Health System**

University Hospitals
of Cleveland

CASE

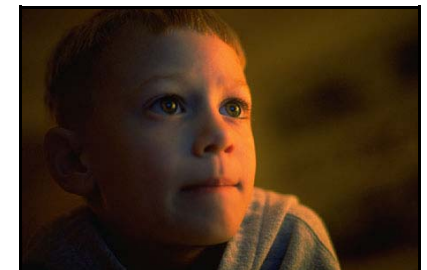
Case Western Reserve University

Department of Psychiatry

Hanna Pavilion
11100 Euclid Avenue
Cleveland, Ohio 44106

A Research
Program
for Youth
That Have Suffered
Trauma

**The Department of
Psychiatry
at
University Hospitals of
Cleveland
and
Case School of Medicine**



Tel: 216-983-0836

A Research Program for Youth That Have Suffered Trauma

Is This Program Right For You?:

- Participants must be between the ages of 7-18 years-old
- Participants have experienced a traumatic event such as:
 - a serious accident
 - sexual or physical abuse
 - witnessing violence

Description/Overview:

The Assessment and Treatment of Traumatized Youth Research Program at University Hospitals of Cleveland (UHC) is offering services to children between the ages of 7-18 years-old who have experienced a traumatic event, such as a car accident, sexual or physical abuse, or witnessing violence and as a result are experiencing symptoms of posttraumatic stress disorder (PTSD). PTSD is an anxiety disorder that develops in some people after they experience a traumatic event and is characterized by upsetting trauma-related thoughts, sleep problems, and avoidance of trauma-related situations and memories.

The purpose of the program is to assess the behaviors, emotions, and mental health functioning of children and adolescents who have experienced traumatic events.

In addition, for eligible youth who have PTSD and other psychiatric disorders we offer treatment. The treatments that we are offering are considered routine clinical care and **are provided at no cost to you.**

If your child is eligible for our research program, then he/she will receive 12-15 sessions of talk therapy with clinical psychologists at UHC. If your child's symptoms have not significantly decreased after these sessions, he/she will be referred to a psychiatrist who will prescribe medication in order to help.

If your child is not eligible for our research program, we will provide you with appropriate referrals.

Program Director:

*Dr. Norah C. Feeny,
Division of
Child and Adolescent Psychiatry*



For More Information Contact:

*Jennifer Fabritius at
216-983-0836
Research Assistant II
Division of
Child and Adolescent Psychiatry*

What is a Clinical Trial?

A Clinical Trial is a research study to answer specific questions about new therapies or new ways of using established treatments. Clinical Trials are used to determine whether new drugs or treatments are both safe and effective. Most current drug therapies were initially developed in past Clinical Trials.

When being considered for a Clinical Trial, the research staff will provide you with an informed consent document that includes the following details: **why the research is being done, what will be done during the trial, what risks and benefits can be expected, availability of alternative treatments, contact information, confidentiality, and any costs.**

University Hospitals of Cleveland and Case Western Reserve University are now actively recruiting participants.
