

Case Western Reserve University  
**DEPARTMENT OF NUTRITION—SCHOOL OF MEDICINE**  
**SPECIAL SEMINAR**

***JILL MELTON M.S., R.D.***  
Editor, Relish Magazine

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**“A MELTING POT CAREER: CHEF, NUTRITIONIST, WRITER,  
AND EDITOR”**

***HOW TO BE AN EFFECTIVE COMMUNICATOR***

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Jill Melton is editor of *Relish*, the nation's largest food magazine that celebrates America's love of food. *Relish*, based in Franklin, Tennessee, launched in February 2006 and is distributed in over 500 newspapers nationwide to 12 million readers. Previously Jill spent 15 years in Birmingham, Alabama with *Cooking Light Magazine*. During her tenure there, Jill was instrumental in guiding the editorial content and food style that made *Cooking Light* the country's number one epicurean magazine. Jill has 20 years experience in food writing, editing and public speaking. As a registered dietitian, chef and author, Jill has shown readers how to create great tasting food that is good for you too. A native of Cincinnati, Ohio, she earned her bachelor's degree in nutrition from Ohio State University, and her master's degree in public health nutrition from Case Western Reserve University.

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**WEDNESDAY, OCTOBER 29, 2008**

**Seminar: 4:00—5:00 p.m.**

**Reception: 5:00— 5:45 p.m.**

**ROOM NOA 270, GROUND FLOOR SCHOOL OF NURSING BLDG.**

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