

Coordinated Dietetic Internship/Master's Degree Program



Case Western Reserve University

School of Medicine

Department of Nutrition

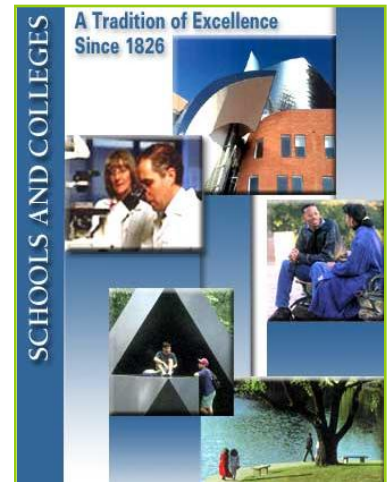
Cleveland, OH



Case Western Reserve University

- **Western Reserve University**
 - established in 1826
 - federated (joined with **CASE**) in 1967

- **One of the leading independent research universities in the nation**
 - Engineering | Law | Medicine |
 - Dentistry | Nursing | Management |
 - Liberal Arts | Social Work



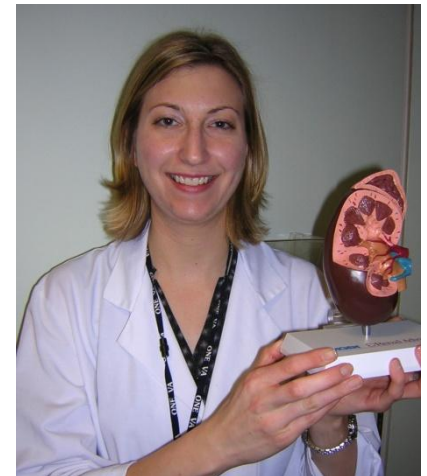
Department of Nutrition

- **Within the School of Medicine**

- No. 1 among medical schools' nutrition departments for:
 - **Numbers of NIH Grants received**
 - **Areas of Research**
 1. Diabetes
 2. Ketosis
 3. Genetics
 4. Obesity

- **Department website**

- <http://www.case.edu/med/nutrition/home.html>



Department of Nutrition

- **Modern classrooms & lecture halls**
 - Most-wired campus
- **Health Science Library**
 - 250,000+ volumes & scientific journals
- **High faculty-to-student ratio**
 - All nutrition classes are taught by faculty
 - Cutting-edge information



- **Program established in:**
 - 1965
- **CWRU program in conjunction with:**
 - University Hospital Case Medical Center
 - +
 - Louis Stokes VA Medical Center of Cleveland
- **Sixteen (16) month program**

Programs at CWRU



CDI/MDP

BASED IN HOSPITALS

University
Hospitals Case
Medical Center

5 interns

Louis Stokes
VA Medical
Center

12 interns

CWRU
Public Health
Internship

BASED IN UNIVERSITY

Case Western Reserve University

14 interns



Nuts & Bolts of the CDI/MDP

Monday's Class Schedule

- **Fall 1 = 7 credits**
 - Seminar in Dietetics I
 - Investigative Methods in Nutrition
- **Spring = 7 credits**
 - Seminar in Dietetics II
 - Advanced Human Nutrition I
- **Fall 2 = 13 credits**
 - Advanced Human Nutrition II
 - Electives



Web Links to Internship Sites

University Hospital Case Medical Center

- **Internship Director:** FELICIA VATAKIS, MS, RD ([email](#))
 - http://www.case.edu/med/nutrition/cdi/uhcmc-prog_intro.html

Louis Stokes Veterans Affairs Medical Center

- **Internship Director:** ANNE RAGUSO, PHD, RD ([email](#))
 - <http://www.dieteticinternship.va.gov/cleveland.asp>

CDI/MDP overview

- **Program Director:** ALISON STEIBER PHD, RD ([email](#))
 - <http://www.case.edu/med/nutrition/cdi/index.html>



Research Concentration

Examples of Research Projects

- Body composition as an outcome predictor in patients with CF
- Exercise in Hemodialysis: Effect on QOL and HDL
- Impact of a Multivitamin with antioxidants on the CD4 count of patients with AIDS
- **Food Frequency** as an aid in weight loss in an overweight VA population
- Determining the impact of a support group on **Self-Efficacy** in diabetic women

Examples of Research Projects



Examples of Research Projects



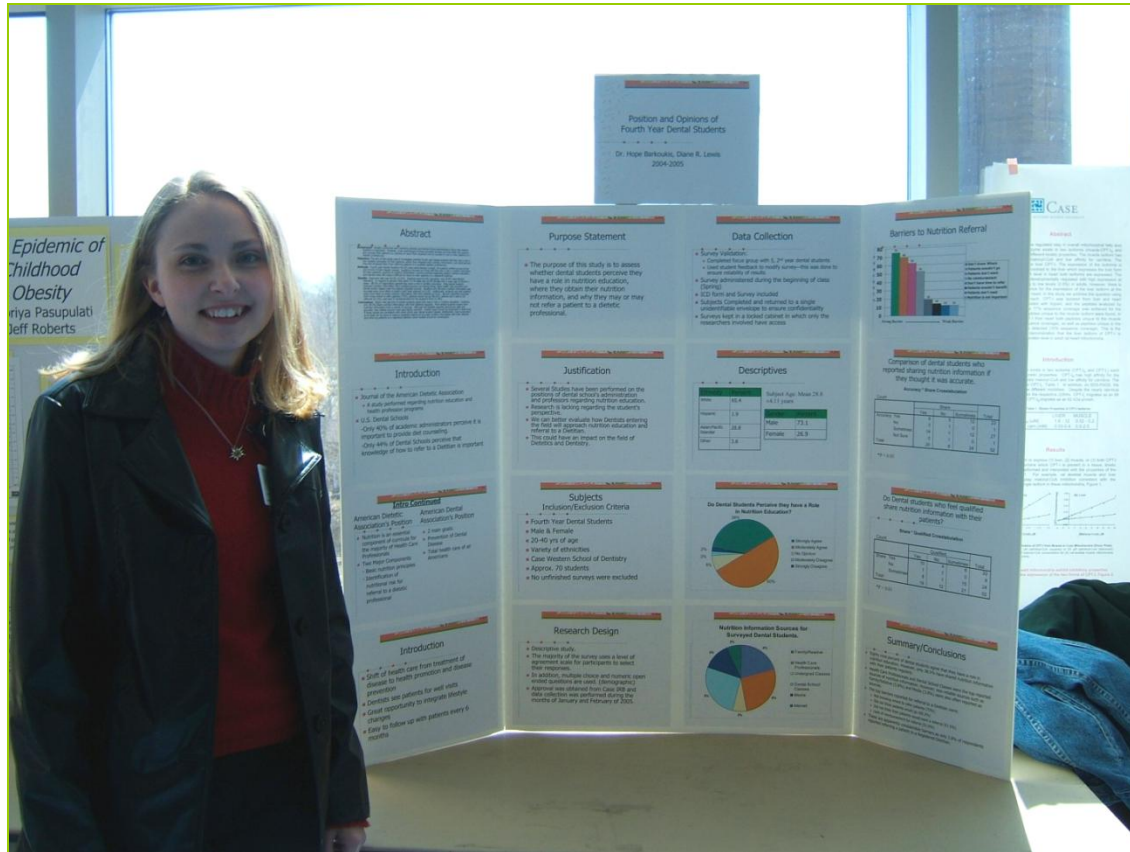
Examples of Research Projects



Examples of Research Projects



Final Product



Internship Programs | Outcome Measures

Post-Internship Eligibilities:

- RD Exam (96% passing rate in the past 5 years)
- American Dietetic Association Membership
- Employment !!!

... nearly 100% within 3 months of graduation

So WHY the Master's Degree Program?

- **RD** - can function at a higher position level of employment
- **RD** - have understanding of the research process
 - ... can contribute to the knowledge of 'nutrition'
- **RD** - advance more rapidly in the field

Financial Details

Cost of a masters of science degree

➤ 1st and 2nd Semesters:

➤ 7 credit hrs at \$1,430 per credit hr = \$10,010

➤ 3rd Semester:

➤ 13 credit hrs at \$1,430 per credit hr = \$17,160

➤ Total cost for the MS/RD:

➤ \$37,180

Employment!

Cleveland area hospitals:

- MetroHealth Medical Center
- University Hospitals Case Medical Center
- Louis Stokes VA Medical Center in Cleveland
 - and other VA centers throughout the US

Pediatric Hospitals and Academic Medical Centers.

Community Hospitals.

Food Industry:

- Kellogg's
- Sages



THANK YOU!



BACK TO THE **CDI** HOMEPAGE