

McDonald's

Better Choices

Main Dish

- Premium Southwest salad (no chicken)

Sides

- Side salad with ½ packet of Caesar or ranch dressing
- Snack size fruit & walnut salad

McDonald's

Better Choices

Desserts

- Fruit 'n yogurt parfait (no granola)
- Apple dippers with honey (no caramel dip)
- McDonaldland chocolate chip cookies (in a box)

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