

Dairy Queen

Better Choices

Main Dish

- None

Sides

- Salad with ½ pkt of honey mustard dressing

Beverages

- Artic rush slush – small

Funded by NIH/NIDDK grant. Materials are to be used for educational purposes only. If any other use is intended contact The Case Center for Reducing Health Disparities at (216) 778-8484 or www.reducedisparity.org. This information is current as of April 2008.

Dairy Queen

Better Choices

Desserts

- Soft serve ½ cup
- Small ice cream cone
- Small dipped cone
- Small strawberry sundae
- Small chocolate sundae
- DQ sandwich
- Chocolate dilly bar
- StarKiss
- DQ fudge bar – no sugar added
- Vanilla orange bar

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