

Bruegger's Bagels

Better Choices

Main Dish

- Bagel with butter or jelly:
1 of any bagel **except** asiago parmesan, sourdough
- Softwich: 1 of any softwich **except** Asiago or plain
- Garden veggie bagel sandwich minus cream cheese
- Caesar salad (no chicken)
- Mandarin salad (no chicken)

Sides

- None

Desserts

Ingredients unknown