

Papa Johns

- The following items from Papa Johns Pizza contain phosphorus additives:

Alfredo sauce

Bacon

Chicken

Ham

Garlic parmesan sauce

Garlic ranch sauce

Blue cheese dipping sauce

Cheese dipping sauce

Garlic ranch sauce

Garlic parmesan sauce

Ranch dipping sauce

Chocolate dessert pastry

- These foods add phosphorus to your diet.
- Avoid menu items that consist of these foods.