

Papa Johns

- The following items from Papa Johns Pizza contain phosphorus additives:

Alfredo sauce

Bacon

Chicken

Ham

Beef fajita steak strips

Garlic parmesan sauce

Garlic ranch sauce

Blue cheese dipping sauce

Icing (used on dessert pizzas)

Caramel and Cinnamon sweetsticks

- These foods add phosphorus to your diet.
- Avoid menu items that consist of these foods.