

# Panera

- The following items from Panera contain phosphorus additives:

Focaccia breads  
Cinnamon raisin bread  
Honey wheat bread  
Tomato basil bread  
White Whole Grain bread  
Apple Pastry, Cherry  
pastry  
Apple Cherry Cheese  
Pastry Ring  
Bundt cakes  
Muffins & muffins  
Scones  
Bear claw  
Cinnamon Roll  
Cobblestone  
Pecan Roll  
Egg soufflés  
Grilled breakfast  
sandwiches  
All Kid's Sandwiches  
Chopped Chicken Cobb  
Salad

All Paninis  
Bacon Turkey Bravo  
Sandwich  
Italian Combo Sandwich  
Mediterranean Veggie  
Sandwich  
Sierra Turkey Sandwich  
Smoked Ham and Swiss  
Sandwich  
Tuna Salad Sandwich  
Chipotle Chicken  
Sandwich  
Frozen Mocha and  
Caramel beverages  
Baked Potato Soup  
Broccoli Cheddar Soup  
Low Fat Garden Vegetable  
Soup  
New England Clam  
Chowder

- These foods add phosphorus to your diet.
- Avoid menu items that consist of these foods.