

Long John Silver's

- The following items from Long John Silver's contain phosphorus additives:

All Battered Fish and Seafood

All Battered Chicken

Alaskan Flounder

Baked Cod Filet

Grilled Pacific Salmon

Popcorn Shrimp

Shrimp Scampi

All Bowl Meals

Breaded Clam Strips

Buttered Lobster Bites

Lobster stuffed Crab cake

French Fries

Hushpuppy

Rice

Broccoli Cheese Soup

Chocolate Cream pie

Pineapple Cream pie

- These foods add phosphorus to your diet.
- Avoid menu items that consist of these foods.