

Dunkin' Donuts

- The following items from Dunkin' Donuts contain phosphorus additives:

Muffins

Donuts

“Munchkins”

“Fancies”

Biscuits

Croissants

English muffin

Hash browns

Sausage

Bacon

Ham

Flat bread sandwiches

Pepperoni and supreme personal pizzas

Lite garden vegetable cream cheese

Lite plain cream cheese

Cream (in coffee drinks)

Hot chocolate

Dunkaccino

Vanilla chai

Pumpkin spice and vanilla spice coffee

- These foods add phosphorus to your diet.

➤ Avoid menu items that consist of these foods.