

Dairy Queen

- The following items from Dairy Queen contain phosphorus additives:

Sandwich buns (all)
Hot dogs
Fish
Shrimp
Chicken
Turkey
BBQ beef
Quesadillas
Iron grilled cheese sandwich
French fries
Onion rings
Texas toast
Gravy
American and jack cheeses
Moolattes
Butterscotch and caramel toppings
Oreo brownie earthquake
Pecan mudslide

- These foods add phosphorus to your diet.
- Avoid menu items that consist of these foods.