

# Boston Market

- The following items from Boston Market contain phosphorus additives:

Beef/BBQ Brisket  
Crispy Country Chicken  
Ham  
Boston Carver sandwiches – all  
Coleslaw  
Macaroni & cheese  
Mashed potatoes  
Vegetable stuffing  
Cornbread  
Chocolate chip fudge brownie  
Chocolate cake

- These foods add phosphorus to your diet.
- Avoid menu items that consist of these foods.