

Boston Market

- The following items from Boston Market contain phosphorus additives:

Chicken

Ham

Boston carver sandwiches - all

Macaroni & cheese

Potatoes

Vegetable stuffing

Cornbread

Strawberry and chocolate fudge bliss

Chocolate chip fudge brownie

Chocolate cake

- These foods add phosphorus to your diet.
- Avoid menu items that consist of these foods.