

# Arby's

- The following items from Arby's contain phosphorus additives:

Roast Beef	Mozzarella sticks
Ham	Scrambled eggs
Bacon	French toastix
Chicken	Biscuits
Corned Beef	Sourdough breakfast
Roast Turkey	cheddar bread
Fish Fillet	Ciabatta bread
Wraps	Cream of broccoli soup
Cheddar cheese sauce	Buttermilk dressing
Potatoes/Fries	Chocolate cookie
Jalapeno bites	Milk shakes
Onion petals	Cola beverages

- These foods add phosphorus to your diet.
- Avoid menu items that consist of these foods.