

## **Executive Coaching Study**

The Executive Coaching Study is a CROWN affiliated study initiated by a PhD student in Organizational Behavior and Management at Weatherhead School of Management at Case Western Reserve University. The purpose of this research project is to learn more about how coaching participants respond to, and feel about, their executive coaching experience and to determine how executive coaching can enhance the careers of dentists and the profession of dentistry.

The methods of study are three-fold. First participants fill out an online 360-Degree Feedback Assessment tool that enables the researchers to assess areas of need for the practitioner. The participants, members of the CROWN, also fill out three short surveys and give a noninvasive collection of a salivary cortisol sample. Third, the participants will receive an hour long coaching session by a professional executive coach. This coaching is meant to support the participant for work within practice management, professional development, time management, work-life balance, and any other specific goals that participant feels he/she needs to work on improving.

Currently, data collection is in the final phase and analysis will begin in the coming months. For more information on this project, contact Anita Howard at [anitarh@mindspring.com](mailto:anitarh@mindspring.com)